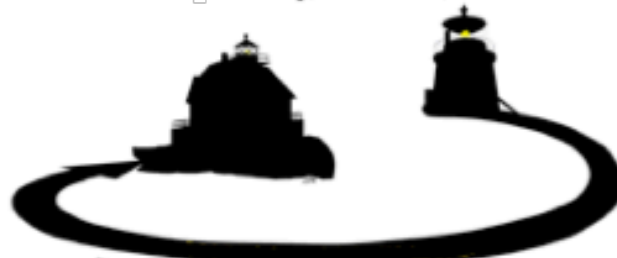


THE FRIENDS OF THE ROCKLAND
BREAKWATER LIGHTHOUSE

Invite you to join them for their ninth annual

"LIGHT TO LIGHT" WALK/RUN

On Saturday, June 18, 2011



Friends of the Rockland Breakwater Lighthouse
Rockland, Maine

This 7.5 mile event will help celebrate MAINE LIGHTHOUSE WEEK and starts at the Owls Head Lighthouse parking lot. Walkers begin at 7:30 am and runners at 8:00 a.m. Both will complete the course at the Rockland Breakwater Lighthouse Park on the Samoset Road in Rockland. **T-shirts commemorating the event will be given to early registrants.** Trophies will be awarded in expanded age categories. All proceeds assist in the restoration of the lighthouse. Please consider collecting sponsors to help raise even more funds. This is a great opportunity for you to show your support of the Lighthouse restoration project by running or walking for the Light!

Entry Form

In consideration of this entry being accepted, I for myself, my heirs, executors, administrators, hereby waive and release any and all rights and claims for damages I may have against the City of Rockland, Town of Owls Head, sponsors, supporters, volunteers and officials of the Friends of the Rockland Breakwater's "Light to Light" walk/run. I attest and verify that I am physically fit to participate in this race and have full knowledge of the risks in this event.

NAME _____ Date of birth: _____ Walker? ___ Runner? ___

MAILING ADDRESS _____

_____ T-shirt size _____ (free to those who register before 5/31)

PHONE: _____ Email address _____

SIGNATURE: _____

(Parent or legal guardian signature needed for children under 18.)

FEES: Advanced Registration \$15

On the day of the race \$18

Those collecting sponsors need to only send in the form.

Send your check (made payable to Friends of the Rockland Breakwater Lighthouse)

3 Water stops along course
Post Race Refreshments, door
prizes & Awards
Restroom at finish line

To: FRBL Light to Light
P.O. Box 741
Rockland, ME 04841

if you have questions email: light2light@rocklandlighthouse.com